

JONNY'S CLASSES

CLUB BLEYLE LOFT / BRENZSTRASSE 4 / 71636 LUDWIGSBURG
 - GÜLTIG AB 24.07.2021 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09.30-10.30 In Shape Zilda				09.30-10.30 Step Andrea		10.30-11.15 Kursrotation
						11.15-12.00 Kursrotation
18.00-18.45 BBP Leandro	18.30-19.00 BBP Ramona	18.00-18.45 Pilates Stella	18.00-18.45 Rückenfit Lara	18.00-18.45 BBP Pascal		
18.45-19.30 Power Hour Leandro	19.00-20.00 Yoga Ramona	18.45-19.30 BodyPump Stella	18.45-19.30 Power Hour Lara	18.45-19.30 Tae Bo Pascal		
				19.30-20.30 Yoga Annkathrin		