

JONNY'S CLASSES

CLUB EUROPVIERTEL / HEILBRONNER STRASSE 17 / 70191 STUTTGART
- GÜLTIG AB 10.01.2022 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
06.30-07.30 BodyBalance Evelyn						
	09.30-10.30 BBP Rike			09.30-10.30 Yoga Ken	10.30-11.00 Cross HIIT (1. OG) Michi / Risa	10.30-11.15 Kursrotation
					11.00-11.30 Mobility & Stretch Michi / Risa	11.15-12.00 Kursrotation
18.00-19.00 Hot Vinyasa Yoga Ken	18.00-18.45 In Shape Marcie	18.30-19.30 Power Hour Larissa	18.00-19.00 Zumba Cleo	18.30-19.15 Power Hour Larissa		
19.00-20.00 Cross HIIT (1. OG) Lena	18.45-19.30 Pilates Marcie	19.00-20.00 Cross HIIT (1. OG) Michi NEU	19.00-20.30 Hot Yoga Marta	19.15-20.00 Pilates Larissa		16.00-17.30 Hot Yoga Dani
19.00-20.00 Hot Yin Yoga Liza	19.35-20.35 BodyPump Mai & Becci	19.30-20.15 Dance Fitness Rike				
		20.15-21.15 Hot Yoga Rike				