

JONNY'S CLASSES

CLUB PRAGSATEL / SIEGLESTRASSE 33 / 70469 STUTTGART
- GÜLTIG AB 10.01.2022 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	06.30-07.15 Cross HIIT (Fläche) Michi					
09.30-10.15 RückenFit Anna			09.30-10.15 Pilates Patty	09.30-10.15 Bodystyling Anna		10.30-11.15 Kursrotation
10.15-10.45 BBP Anna			10.15-10.45 RückenFit Patty	10.15-10.45 Stretch & Relax Anna		11.15-12.00 Kursrotation
18.00-18.45 Pilates / Rücken Stella	18.00-19.00 Pilates Paulo	18.00-18.45 Bodyweight HIIT Joanna	18.00-19.00 Power Hour Linda	17.45-18.45 BodyPump Stella		16.30-17.30 BodyPump Jochen
18.45-19.30 BodyCombat Stella	19.00-19.30 Sixpack Paulo	18.45-19.30 Sixpack & Booty Joanna	19.00-20.00 Tae Bo Ahmet	19.00-20.00 Dance Paulo		
19.35-20.35 BodyPump Jochen	19.30-20.30 Salsa-Aerobic Paulo	19.35-20.35 BodyPump Bianca	20.00-21.00 Yoga Lorena			