

# JONNY'S CLASSES

CLUB WOMEN MARIENPLATZ / HAUPTSTÄTTER STR. 149 / 70180 STUTTGART  
- GÜLTIG AB 01.04.2022 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
		08.00-09.00 <b>NEU</b> Full Body Workout Alex				
		09.15-10.15 <b>NEU</b> Yoga Karina Lilou				10.30-11.15 Kursrotation
						11.20-12.00 Kursrotation
17.30-18.30 Zumba Cleo	18.00-19.00 Jumping Fitness Kyra	18.00-18.45 RückenFit Anja	18.00-18.30 HIIT Bianca / Kyra	17.30-18.30 Yoga Ursi		
18.00-18.30 Sixpack (Fläche) Linda	19.00-20.00 Yoga Liza	18.45-19.30 BBP Anja	18.30-19.15 JumpingFunctional Bianca / Kyra			
18.30-19.30 Power Hour Linda		19.30-20.30 Power Hour Anja	19.15-20.00 Jumping Fitness Bianca / Kyra			
19.30-20.30 <b>NEU</b> CrossHIIT Mara						