

JONNY'S CLASSES

CLUB EUROPVIERTEL / HEILBRONNER STRASSE 17 / 70191 STUTTGART
- GÜLTIG AB 01.07.2022 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
06.30-07.30 BodyBalance Evelyn						
			09.30-10.45 Yoga Rike / Marcie	09.30-10.45 Yoga Ken		10.30-11.15 Kursrotation
						11.20-12.00 Kursrotation
18.00-19.00 Vinyasa Yoga Ken	18.00-18.45 In Shape Marcie	18.30-19.30 Power Hour Larissa	18.00-19.00 Full Body Workout Brigita	18.30-19.15 Power Hour Larissa		
19.00-20.15 Cross HIIT (1. OG) Lena	18.50-19.40 Pilates Marcie	19.00-20.00 Cross HIIT (1. OG) Mara	19.00-20.30 Yoga Karina Lilou	19.15-20.00 Pilates Larissa		
19.00-20.30 Yin Yoga Liza	19.45-20.45 BodyPump Mai & Becci	19.45-20.30 Dance Fitness Rike				
		20.30-21.30 Yoga Rike				

Hot Yoga hat Sommerpause: ab September bieten wir wieder Hot Yoga an.

WWW.JONNY-M.DE

JONNY M.
Fitness Clubs