

# JONNY'S CLASSES

CLUB PRAGSATEL / SIEGLESTRASSE 33 / 70469 STUTTGART  
- GÜLTIG AB 01.07.2022 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09.30-10.15 RückenFit Anna		09.30-10.30 BodyBalance Lilly	09.30-10.15 Pilates Patty	09.30-10.15 Bodystyling Anna		10.30-11.15 Kursrotation
10.15-10.45 BBP Anna			10.15-10.45 RückenFit Patty	10.15-10.45 Stretch & Relax Anna		11.20-12.00 Kursrotation
18.00-18.45 Pilates / Rücken Stella / Flo	18.00-19.00 Pilates Paulo	18.00-18.45 Bodyweight HIIT Joanna	18.00-19.00 Power Hour Linda	17.45-18.45 BodyPump Stella / Jochen		16.30-17.30 BodyPump Jochen
18.45-19.30 BodyCombat Stella / Flo	19.00-19.30 Sixpack Paulo	18.45-19.30 Sixpack & Booty Joanna	19.00-20.00 Tae Bo Ahmet	19.00-20.00 Dance Paulo		
19.30-20.30 BodyPump Jochen	19.30-20.30 Salsa-Aerobic Paulo	19.35-20.35 BodyPump Bianca	20.00-21.00 Yoga Lorena			