

# JONNY'S CLASSES

CLUB EUROPVIERTEL / HEILBRONNER STRASSE 17 / 70191 STUTTGART  
- GÜLTIG AB 02.01.2023 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
06.30-07.30 BodyBalance Evelyn						
		09.30-10.15 BBP Timo		9.30-11.00 Hatha Yoga Ken <b>NEU</b>		10.30-11.15 Kursrotation
		10.15-11.00 RückenFit Timo				11.20-12.05 Kursrotation
	18.00-18.45 In Shape Marcy	18.30-19.30 Power Hour Larissa	18.00-19.00 Full Body Workout Brigita	18.30-19.15 Power Hour Larissa		
18.00-19.00 Power Yoga Ken <b>NEU</b>	18.50-19.35 Pilates Marcy	19.00-20.00 Cross HIIT (1. OG) Mara	19.00-20.30 Yoga Karina Lilou	19.15-20.00 Pilates Larissa		
19.00-20.35 Cross HIIT (1.OG) Lena	19.45-21.10 Vinyasa Yoga Danijela	19.45-20.30 Dance Fitness Rike				
19.00-20.30 Yin Yoga Liza		20.30-21.30 Yoga Rike				