

JONNY'S CLASSES

CLUB WOMEN MARIENPLATZ / HAUPTSTÄTTER STR. 149 / 70180 STUTT GART
- GÜLTIG AB 10.10.2022 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
		08.15-09.15 Yoga Karina				
	09.45-10.30 Core/lessMiles Lilly NEU					10.30-11.15 Kursrotation
						11.20-12.05 Kursrotation
17.30-18.30 Zumba Vivian NEU	18.00-19.00 Jumping Fitness Kyra	18.00-18.45 RückenFit Anja	18.00-19.00 BodyPump Jochen NEU	18.00-19.00 Hatha Yoga Ursi NEU		
18.00-18.30 Sixpack Linda	19.00-20.00 Jumping Anfänger Kyra	18.45-19.30 BBP Anja	19.05-19.50 Power Yoga Liza NEU			
18.30-19.30 Power Hour Linda		19.30-20.30 Power Hour Anja	19.50-20.35 Stretch&Relax Liza NEU			
19.30-20.30 CrossHIIT Mara						