

# JONNY'S CLASSES

CLUB WOMEN MARIENPLATZ / HAUPTSTÄTTER STR. 149 / 70180 STUTT GART  
- GÜLTIG AB 01.07.2023 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
		08.15-09.15 Yoga Karina Lilou				
						10.30-11.15 Kursrotation
						11.20-12.05 Kursrotation
17.30-18.30 Zumba Vivian	17.00-18.00 Pilates Dorothy	18.00-18.45 RückenFit Anja	18.00-19.00 BodyPump Jochen			
18.00-18.30 Sixpack Linda	18.00-19.00 Jumping Fitness Kyra	18.45-19.30 BBP Anja	19.05-20.35 Hatha & Yin Yoga Dorothy			
18.30-19.30 Power Hour Linda	19.00-20.00 Jumping Anfänger Kyra	19.30-20.30 Power Hour Anja				
19.30-20.30 CrossHIIT Mara						