

JONNY'S CLASSES

CLUB PRAGSATEL / SIEGLESTRASSE 33 / 70469 STUTTGART
- GÜLTIG AB 01.07.2023 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09.30-10.15 Strong Back Anna T. NEU			09.30-10.30 Pilates Patty	09.30-10.15 Bodystyling Anna T.		10.30-11.15 Kursrotation
10.15-10.45 BBP Anna T.			10.30-11.00 Strong Back Patty	10.15-10.45 Stretch & Relax Anna T.		11.20-12.05 Kursrotation
18.00-18.30 Strong Back Anna Z. NEU	18.00-19.00 Pilates Paulo	18.00-18.45 Cross HIIT Joanna		17.45-18.45 BodyPump Stella / Jochen		16.30-17.30 BodyPump Jochen
18.30-19.30 Zumba Anna Z.	19.00-19.30 Sixpack Paulo	18.45-19.30 Sixpack & Booty Joanna	19.00-20.00 Tae Bo Ahmet / Sabrina	19.00-20.00 Dance Paulo		17.40-18.10 Core Patrick
19.35-20.30 BodyPump Jochen	19.30-20.30 Salsa-Aerobic Paulo	19.35-20.35 BodyPump Bianca	20.00-21.00 Yoga Lorena			