

# JONNY'S CLASSES

CLUB EUROPVIERTEL / HEILBRONNER STRASSE 17 / 70191 STUTTGART  
- GÜLTIG AB 01.08.2023 -

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
06.30-07.30 Body Balance Ken						
09.30-10.30 <b>NEU</b> BodyBalance Evelyn		09.30-10.30 <b>NEU</b> Strong Back Timo		9.30-11.00 Hatha Yoga Ken		10.30-11.15 Kursrotation
						11.20-12.05 Kursrotation
	18.00-18.45 In Shape Marcy	18.30-19.30 Power Hour Larissa	18.00-19.00 Full Body Workout Brigita	18.30-19.15 Power Hour Larissa		
18.00-19.00 Power Yoga Ken	18.50-19.35 Pilates Marcy	19.00-20.00 Cross HIIT (1. OG) Mara		19.15-20.00 Pilates Larissa		
19.00-20.15 Cross HIIT (1.OG) Lena		19.30-20.30 Zumba Vivian				
19.00-20.30 Yin Yoga Liza		20.30-21.30 Yoga Dorothy				